



Hempy People

Hempy People are Happy People.

Workshop catalogue

updated May, 2023

About us

WHO ARE WE?

Healers. Teachers. Creators.

We are a community of like-minded and enthusiastic individuals super passionate about sustainability and co-creating with others.

We run workshops using edutainment tools. Education and Entertainment. Fun for kids and adults, too. Learn about sustainability and enjoy the process :)

We are also super keen on raising awareness of hemp, a God-given plant which is a blessing in so many ways.

Please get in touch if you would love to learn more about us. We are all ears and looking forward to hearing from you.



What is special about hempy workshops?

In hempy workshops we educate our participants (8-99 year olds) about the use of one plant in multiple ways to bring sustainability closer to their daily practices. Hence each workshop is linked to a product we already have and that we are happy to teach others of how to create it on their own.

ps. Workshops can be customized and conducted in any parts of the UAE in English and/or in Arabic.



Hemp People

Hempy People are Happy People.

Hemp paper



Our workshops

SUN PRINTS

Make unique art using sunlight

This workshop uses natural elements and a light-sensitive hemp surface to create a magical, blue artwork called a cyanotype.

Workshop details:

Duration: 1 hour

Min number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD



Our workshops

SUSTAINABLE NOTEBOOK DESIGN

Design your hemp notebook

Design your notebook cover using digitally or manually and walk away with a super customized hemp notebook. Perfect idea for a gift

Workshop details:

Duration: 1 hour

Min number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD



Our workshops

ZINES: INTUITIVE COLLAGE

A poetic art collage book

Are you passionate about nature? Make your own art zine using collage and mixed media techniques in this intuitive and fun workshop.

Workshop details:

Duration: 2 hours

Min number of participants: 5 people

Max number of participants: 10 people

Age group: 13+

Participation fee: TBD



Our workshops

BOTANICAL PAINTING ON HEMP PAPER

Let your artistic side bloom

Mix gouache paint to make a botanical painting, step by step on hemp paper.

Workshop details:

Duration: 2 hours

Man number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD



Our workshops

CALLIGRAPHY ON HEMP PAPER

Hemp paper has been used for centuries and much more environmentally friendly than regular paper. Durable as well. Try our calligraphy workshop and you will understand why.

Workshop details:

Duration: 2 hours

Man number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD





Hempy People

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Hemp fabric



Our workshops

SUSTAINABLE GIFT DESIGN

Our
collaboration
partner:

TOTES & TOKENS
MORE THAN JUST A GIFT WRAP

Wrap your gifts in hemp fabric

Learn a couple of wrapping techniques and start wrapping the sustainable way. With hemp fabric.

Workshop details:

Duration: 1 hour

Min number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD



Our workshops

DESIGN & MAKE YOUR OWN OUTFIT FROM HEMP

Your Fashion - Your Design

A series of 4 workshops to teach you the basics of 3D clothes design, cutting patterns and stitching your own clothes. Are you ready to create your own hemp fashion brand?

Workshop details:

Duration: 1 hour

Min number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD



Our workshops

PAINT YOUR HEMP BAG & SHOES

Stylish hemp bag and shoes 4u

Hemp bag or shoe designed your way. Maybe a gift, maybe an accessory but definitely your art. Create, design, develop, modify. Play with colours and shapes. The floor is yours and the bag and shoes as well.

Workshop details:

Duration: 1 hour

Min number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD



Our workshops

GRATITUDE CUSHION

Learn about gratitude practices and learn about the benefits of hemp for relaxation. We help you throughout the process and you will walk away with an artsy cushion of your own.

Workshop details:

Duration: 1 hour

Min number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD



Our workshops

CUSTOMIZE YOUR HEMP YOGA MAT

Design your affirmation

Have you ever thought of customizing your yoga mat? Create, design the affirmation of abstract symbols or words in any language and have it everyday during your yoga practice.

Workshop details:

Duration: 1 hour

Man number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD



Our workshops

WEAVE YOUR OWN BEACH TOWEL

Weaving for the creative ones

Have you ever thought of reviving the tradition of weaving and make it attractive, stylish and engaging. Let us show you the basics and you can take it from there.

Workshop details:

Duration: 1 hour

Man number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD



Our workshops

YOUR SHUBARI ABAYA

Have your customized abaya made from hemp

Wear something stylish, sustainable, breathable, durable and vegan. How cool is that? Ready to get started. We take your measurements in the comfort of your home and we design the abaya together in 3D using a special software.

Workshop details:

Duration: 1 hour

Man number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD





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Hemp rope



Our workshops

SUSTAINABLE HOME DESIGN

Hemp rope art for your home

Create decorated containers, bottles, lamp shades, tableware the sustainable way. Hemp ropes, clay shapes, and the rest is history. Your art is tyour personality.



Workshop details:

Duration: 1 hour

Man number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD



Our workshops

HEMP MACRAME - FIRST IN DUBAI

Macrame from Hemp

Macrame from the strongest, most durable fiber used widely by the shipping industry. Long-lasting design for your wall. You will have it.

Workshop details:

Duration: 1 hour

Man number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD



Our workshops

GRANNY SQUARE WITH HEMP YARN

If you have not tried crochet but you are interested join us and create something long-lasting and handmade. Starting with step one, making granny squares.

Workshop details:

Duration: 1 hour

Man number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD





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Hemp oil



Our workshops

MAKE YOUR OWN BODY BUTTER

Our
collaboration
partner:



Make your own body butter. Natural materials, natural cosmetics. Your beauty is in your hands.

Workshop details:

Duration: 1 hour

Min number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD



Our workshops

MAKE YOUR OWN BODY SCRUB

Our
collaboration
partner:



Make your own 100% vegan and natural body scrub. Environmentally friendly materials, cosmetics. Your beauty is in your hands.

Workshop details:

Duration: 1 hour

Min number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD



Our workshops

LIPCARE WITH PLANT-BASED OIL

Our
collaboration
partner:



Would you like to make your own lip balm? Do you know that it is only possible but makes an excellent gift, too?

Workshop details:

Duration: 1 hour

Min number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD



Our workshops

MAKE SOAP FOR SENSITIVE SKIN

Our
collaboration
partner:



Do you have sensitive skin and looking for chemical free products? How about you making your own soap with only plant-based ingredients. Come and learn.

Workshop details:

Duration: 1 hour

Min number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD



Our workshops

PLANT-BASED OIL FOR NAILCARE

Our
collaboration
partner:



Take care of your nails and cuticles and make your own lipcare products with 100% vegan ingredients.

Workshop details:

Duration: 1 hour

Min number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD



Our workshops

HYDROPHYLIC TILES

Our
collaboration
partner:



Take your skincare to another level. Make your own hydrophylic tiles with us. Natural ingredients, natural solutions.

Workshop details:

Duration: 1 hour

Min number of participants: 5 people

Max number of participants: 10 people

Age group: 17+

Participation fee: TBD





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MESSAGE US TO REGISTER



@hemypeople



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