

Welcome to Companies for Good

Based in the UAE, we help companies make a positive impact – for their employees, as well as the communities and the planet.

We offer amazing CSR activities and Sustainability initiatives:

- Online or on-the-ground
- 5 people or 1,000
- Do good for society or the environment

With Companies for Good you can make a difference how, where and when you want to. **Just tell us how you want to do good. We'll make it happen.**

The good movement is growing fast

We're helping many of the world's greatest brands do good

















































Together, we're making a huge impact



350+

Companies

Participants



15,000+

Underprivileged children helped



20,000+



25,000+

Low-income workers supported



40,000+

Ghaf and mangrove trees planted



50,000+

Hours doing good



50,000+

KG waste cleared from the ocean



Making art out of waste

The experience

Waste has a very negative effect on our planet and the wildlife that lives on it. This activity is designed to raise awareness and promote more sustainable habits.

Your team will be asked to put aside and bring the waste created at home/office during the week before the activity. Then we'll create art pieces using clean & safe plastic, aluminum and paper waste.

A fun and educational team activity to learn about sustainability and encourage behavioral change.

The SDGs







- Location: Office | Hotel venue
- <u>Duration</u>: 1.5 2 hours (flexible)
- Availability: any day of the week



Doing good for the planet (and the community)

Sustainable products for female workers

The experience

A fun and interactive activity designed to learn about sustainability and make a positive impact to women working in the UAE and living in labour camps.

We'll use natural and organic ingredients to make hand-made cosmetics: soap, lip balm, toothpaste, deodorant, scrubs...

We'll then place the cosmetics inside a paper bag, along with a nice flower, and we'll write a nice message for the ladies receiving the gifts.

The SDGs





- · Location: Office | Hotel venue
- <u>Duration</u>: 1.5 2 hours (flexible)
- Availability: any day of the week





Doing good for the planet (and the community)

Sustainable gifts for UAE workers

The experience

After a short ice-breaking activity, we'll briefly talk about the lives of migrant workers to better understand their needs.

We'll use fabrics to design and make a tote bag using sewing techniques.

The bags will then be filled with essential items that workers use daily: socks, flip flops, a reusable bottle and a towel. This way we can reduce the usage of plastic bags, plastic bottles and paper tissues.

A great way to give back while promoting sustainable living!

The SDGs





- · Location: Office | Hotel venue
- <u>Duration</u>: 1.5 2 hours (flexible)

10 REDUCED INFOUALITIES

• Availability: any day of the week



The Climate Change workshop

The experience

Everyone talks about climate change these days... but do people understand what is actually happening?

Now played by more than 130,000 people worldwide, the Climate Collage is a fun and insightful team activity that will help participants learn the drivers, mechanisms and consequences of climate change.

A great activity to bond with colleagues while learning about sustainability!

The SDGs







- Location: Office | Hotel venue
- <u>Duration</u>: 2.5–3 hours (flexible)
- Availability: any day of the week



Ghaf trees repotting & Soil workshop

The experience

In this activity participants will give baby Ghafs the chance to grow, thrive and become beautiful trees that will give back to the environment indefinitely.

We'll also engage in an interactive workshop, facilitated by the Emirates Soil Museum curator, to discover how important soil is for the future of our planet and all of us living on it.

A fun and insightful team activity!

The SDGs





Activity details

• Location: Abu Dhabi

• <u>Time</u>: 11:30 - 12:00

<u>Date</u>: 10 March 2023





Make toys for underprivileged children

The experience

Playing with toys sparks imagination and it's a critical element for children learning, wellbeing and development.
And yet for thousands of kids having their own toy is something they can only dream of.

In this impactful team activity, you will get to know more about the lives of the beneficiaries and, you'll then use your creativity to make toys for children living in refugee camps or poor communities.

The SDGs





- · Location: Office | Hotel venue
- <u>Duration</u>: 1.5 hours (flexible)
- Availability: any day of the week





Empower children with determination

The experience

In this unforgettable activity, you'll help differently-abled children learn, express themselves, and grow in confidence.

By engaging in a range of activities, including yoga, singing and performance, dance, fitness, etc., your team will collaborate to unlock creativity and bring happiness to people who need it most.

It's a truly meaningful experience that you – and the children – will never forget.

The SDGs





- <u>Location</u>: Dubai Centre | Public park
- <u>Duration</u>: 2.5 hours (flexible)
- Availability: weekdays only





Turning 'disabilities' into 'abilities'

The experience

Children with motor impairment dream about being able to communicate and connect with others. In this inspiring activity, you will give children access to innovative assistive technology.

We'll kick-off with a visit around the Center and we'll learn how to use this new tech devices. Then participants will teach and play educational games with the children.

Finally, participants will gift one device (same as on the picture) to the Centre. A truly impactful CSR activity to make a positive difference to people's lives.

The SDGs







Activity details

• Location: Dubai Centre

• Duration: 2.5 hours (flexible)

• Availability: weekdays only





CLICK HERE TO WATCH PICTURES

Care packs for blue collar workers

The experience

We'll start the session with a meaningful conversation about the lives of the UAE workers and how we all can make a positive difference to their lives.

Then we'll roll up our sleeves and pack essential hygiene items: soap, toothbrush, shampoo, deodorant, hand sanitizer...

It's a great way to have fun while doing good with your team!

The SDGs





- Location: Office | Hotel venue
- <u>Duration</u>: 2-3 hours (flexible)
- Availability: weekdays only





Pack school stationary for refugee children

The experience

We'll start with a conversation about the lives of the beneficiaries and then we'll roll up our sleeves and start packing school items into the backpacks: pencils, notebook, folder, ruler, eraser, sharpener...

We'll also get creative by decorating the notebook cover using bright fabric, which will make each school pack unique. And we'll add a solar lamp, which helps kids be safer as well as read when it gets dark.

Finally, if time allows, we'll make items for the children to play such as: a skipping rope or a little monster toy.

The SDGs







Activity details

- Location: Office | Hotel venue
- <u>Duration</u>: 2 hours (flexible)
- Availability: any day of the week





CLICK HERE TO WATCH PICTURES



Mangrove planting & Kayaking

The experience

On arrival at the spectacular Natural Reserve, your team will enjoy an awareness session on the importance of the mangroves and the crucial role they play in the UAE ecosystem.

You'll then plant beautiful mangrove seedlings and finish off the day with an incredible kayak adventure – connecting with nature by paddling through the mangroves forest.

The SDGs







- Location: Ajman | Abu Dhabi
- <u>Duration</u>: 3 hours (flexible)
- Availability: any day of the week





Wadi adventure & cleanup

The experience

In this amazing activity, you and your colleagues will discover one of the most beautiful natural parks in the UAE – Wadi Shawka - with an expert. You'll uncover hidden gems, spot wildlife, and protect nature as you hike.

After you've done good for the planet by doing a wadi clean-up, you'll enjoy a picnic lunch and training on essential survival skills. If left alone... how would you find water, food and shelter? We will learn it all!

The SDGs



- Location: Wadi Shawka (RAK)
- <u>Duration</u>: 4 hours (flexible)
- Availability: any day of the week





Beach cleanup activity

The experience

You'll start the activity with a welcome speech from a local environmentalist, where you'll learn more about the impact plastic has on nature.

Then you'll grab gloves and rubbish bags, roll up your sleeves and clear an incredible beach of any waste the ocean has brought onto the sand.

It's a great way to engage with your colleagues, boost team spirit and do something truly good for the planet.

The SDGs







- Location: Dubai | Abu Dhabi
- <u>Duration</u>: 3 hours (flexible)
- Availability: any day of the week





Underwater clean-Up

The experience

This outdoor team activity is an incredible opportunity to get hands on with nature and help clear our seas of damaging trash.

After a welcome breakfast and presentation, you'll head out to sea to clear rubbish from the ocean. Whether you're snorkeling close to shore, or taking a boat trip and diving further out, this is an amazing way to work together as a team to do something truly great – protecting nature and the animals that call it home.

The SDGs



Activity details

• Location: Abu Dhabi

• <u>Duration</u>: 3 hours (flexible)

• Availability: any day of the week







A virtual team building game

The Climate Change Challenge





The experience

In this live action digital team game, employees become a super squad on a mission to destroy climate change once and for all.

Through a mixture of intellectual, imaginative and interactive challenges, they travel the world to find the key to defeating this global threat. But beware: it won't be easy and players will have to collaborate, think creatively, and use all their problem-solving skills to do it.

With seamless technology, everyone can safely participate from home or the office. Just log on, join in and enjoy the experience.

Bring your people together through this great virtual teambuilding activity!

Group size and prices* (Dhs)

•	Up to 15 people	4,500
	16 - 30 people	5,500
•	31 - 45 people	6,500
•	46 - 60 people	7,500
•	61 - 75 people	8,500
•	76 - 90 people	9,500
•	91 - 100 people	10,000

Set up costs and fees: 1,500Dhs Duration: 60min - 1.5 hours (flexible)





ASK FOR A FREE DEMO

Let's get started

Pick your activity

(This is the hard part!)

Order it

info@companiesforgood.ae (it's good – on demand) 3.

We make it happen

We'll organise everything and keep you updated

4.

You have fun

At an amazing and meaningful team activity

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The world gets better

Every activity makes a difference and the world has one more 'Good' company!

The cherry on the cake



Transportation for participants

Whether you've got 5 people or 500, we can sort transport out for you. We'll pick you up at your chosen location, then take you to some of the UAE's most beautiful beaches, Wadis and mangroves – wherever you'd like to do good.

Price: 2,000Dhs approx. (prices varies based on people and distance)



Healthy snacks and refreshments

We care about nutrition and want our activity participants to eat healthy snacks. Our partners will serve delicious and healthy snacks and refreshments. So all your team needs to think about is having a great time and doing good.

Price: Quote based on the number of people.



Video of the activity

We can bring our professional film-maker along to record the best shots of the day and produce a memorable video. – something you can share with participants and showcase to the world.

Price: 2,500Dhs video (shooting, editing and delivering final file)



At work people are busy and everyone has their own dynamics. There are levels of seniority, often silos among departments, and it's difficult for people to get to know each other and bond. In our activities, we're all the same. We all share a common purpose: to have a good time and make a positive impact. This gives people an opportunity to connect at a very different level; not as co-workers, but as humans.

Thank you!

Let us know how you want to do good. We'll make it happen.

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